

14 年齢別 平均座高の推移

1 男

(単位 cm)

区 分	幼稚園	小 学 校						中 学 校			高 等 学 校		
	5 歳	6 歳	7	8	9	10	11	12歳	13	14	15歳	16	17
昭 和 24 年	59.9	62.1	64.4	66.5	68.4	70.2	72.0	74.0	76.4	79.4	83.3	85.9	87.4
25	60.1	62.0	64.4	66.6	68.6	70.3	72.1	74.2	76.5	79.6	83.5	86.1	87.7
26	60.3	62.3	64.7	66.9	69.0	70.8	72.5	74.6	77.0	80.2	84.5	86.8	88.3
27	...	62.4	64.8	67.0	69.0	71.0	72.7	74.8	77.5	80.7	84.8	87.0	88.4
28	...	62.5	65.0	67.2	69.2	71.2	73.0	75.1	77.8	81.0	85.3	87.3	88.8
29	60.6	62.6	65.0	67.3	69.3	71.2	73.1	75.3	78.2	81.4	85.6	87.6	88.8
30	60.6	62.8	65.2	67.4	69.5	71.4	73.2	75.7	78.7	82.0	86.0	87.9	89.0
31	60.7	62.9	65.4	67.7	69.7	71.6	73.5	75.9	78.9	82.4	86.4	88.1	89.2
32	60.8	62.9	65.5	67.8	69.9	71.7	73.6	76.1	79.1	82.7	86.7	88.4	89.4
33	61.0	63.1	65.7	68.0	70.0	72.0	73.8	76.4	79.6	83.0	87.0	88.7	89.7
34	61.1	63.2	65.7	68.1	70.2	72.1	74.2	76.5	80.0	83.4	87.1	88.8	89.8
35	61.2	63.3	65.8	68.2	70.3	72.4	74.3	77.0	80.0	83.8	87.3	88.9	89.8
36	61.3	63.5	66.0	68.3	70.5	72.5	74.5	77.2	80.5	83.9	87.5	89.0	89.7
37	61.4	63.6	66.1	68.4	70.6	72.6	74.6	77.7	80.9	84.3	87.6	89.2	89.9
38	61.5	63.7	66.3	68.6	70.8	72.7	74.8	77.7	81.2	84.6	87.8	89.3	89.8
39	61.6	63.9	66.5	68.8	71.0	73.0	75.1	78.0	81.6	85.0	87.9	89.3	89.9
40	61.8	64.1	66.6	69.0	71.1	73.1	75.3	78.3	81.7	85.2	88.2	89.3	90.0
41	61.8	64.2	66.7	69.1	71.2	73.3	75.4	78.5	82.0	85.4	88.2	89.5	90.0
42	61.9	64.2	66.7	69.1	71.3	73.3	75.5	78.6	82.1	85.5	88.2	89.4	90.0
43	61.8	64.2	66.8	69.1	71.3	73.3	75.6	78.7	82.2	85.7	88.4	89.5	90.1
44	61.9	64.3	66.9	69.2	71.4	73.5	75.7	78.8	82.3	85.7	88.5	89.6	90.1
45	62.0	64.4	67.0	69.4	71.8	73.7	75.9	79.0	82.4	85.8	88.4	89.6	90.2
46	62.4	64.5	67.0	69.4	71.6	73.7	76.0	79.0	82.6	86.0	88.5	89.7	90.3
47	62.0	64.6	67.2	69.5	71.7	73.8	76.1	79.3	82.8	86.1	88.6	89.6	90.1
48	62.1	64.4	67.2	69.5	71.8	73.9	76.0	79.3	83.0	86.2	88.8	89.8	90.3
49	62.1	64.7	67.1	69.8	71.8	73.9	76.2	79.4	83.0	86.3	88.8	89.9	90.4
50	62.1	64.6	67.2	69.5	71.9	74.0	76.2	79.5	83.1	86.4	88.9	89.9	90.3
51	62.2	64.7	67.3	69.8	71.9	74.2	76.3	79.5	83.1	86.4	88.9	89.9	90.4
52	61.5	64.8	67.3	69.7	72.0	73.9	76.5	79.5	83.2	86.5	88.8	89.9	90.3
53	61.7	64.8	67.4	69.8	72.0	74.1	76.4	79.8	83.3	86.6	89.0	90.0	90.4
54	62.2	64.8	67.4	69.8	72.0	74.2	76.6	79.5	83.5	86.6	89.1	90.1	90.6
55	62.4	64.9	67.4	69.8	72.0	74.2	76.6	79.9	83.3	86.8	89.1	90.1	90.6
56	62.3	65.0	67.4	69.8	72.1	74.3	76.6	79.8	83.4	86.5	89.2	90.2	90.6
57	62.5	65.0	67.5	69.9	72.1	74.2	76.5	79.8	83.5	86.8	89.1	90.2	90.8
58	62.5	65.1	67.6	70.0	72.2	74.3	76.7	79.9	83.5	86.8	89.3	90.2	90.8
59	62.6	65.2	67.7	70.1	72.3	74.4	76.7	79.9	83.6	86.8	89.3	90.3	90.8
60	62.6	65.2	67.7	70.1	72.3	74.4	76.7	79.9	83.7	87.0	89.3	90.3	90.8

(昭和24年度～昭和60年度)

2 女

(単位 cm)

区 分	幼稚園	小 学 校						中 学 校			高 等 学 校		
	5 歳	6 歳	7	8	9	10	11	12歳	13	14	15歳	16	17
昭 和 24 年	59.5	61.7	64.1	66.2	68.2	70.1	72.4	75.0	77.5	80.0	82.3	83.3	83.8
25	59.6	61.6	64.0	66.2	68.2	70.2	72.7	75.1	78.0	80.4	82.4	83.5	84.0
26	59.7	61.9	64.2	66.5	68.7	70.6	73.0	75.8	78.7	80.9	83.1	83.7	84.0
27	...	62.0	64.3	66.6	68.8	70.9	73.2	76.0	78.8	81.1	83.2	83.8	84.2
28	...	62.0	64.6	66.8	68.9	71.1	73.6	76.5	79.1	81.3	83.3	84.0	84.4
29	60.0	62.2	64.6	67.0	69.1	71.3	73.9	76.9	79.5	81.5	83.3	84.0	84.3
30	60.1	62.3	64.8	67.1	69.4	71.6	74.1	77.4	80.0	82.0	83.7	84.2	84.3
31	60.1	62.5	65.0	67.3	69.5	72.0	74.6	77.8	80.4	82.3	83.8	84.0	84.4
32	60.2	62.5	65.0	67.4	69.7	71.9	74.8	78.0	80.6	82.5	84.0	84.4	84.6
33	60.4	62.6	65.2	67.6	69.9	72.3	75.0	78.5	80.9	82.7	84.1	84.5	84.7
34	60.4	62.7	65.1	67.7	70.1	72.0	75.5	78.6	81.3	82.9	84.2	84.6	84.7
35	60.6	62.8	65.3	67.8	70.2	72.8	75.9	79.1	81.5	83.2	84.4	84.7	84.9
36	60.6	63.0	65.6	68.0	70.4	73.0	76.1	79.4	81.9	83.3	84.5	84.8	85.0
37	60.8	63.1	65.6	68.0	70.4	73.0	76.1	79.5	82.1	83.8	84.6	84.9	84.9
38	61.0	63.2	65.8	68.3	70.6	73.3	76.2	79.9	82.3	83.7	84.8	85.1	85.1
39	61.0	63.4	66.0	68.4	70.8	73.5	76.6	80.0	82.5	83.9	84.7	85.1	85.1
40	61.1	63.6	66.1	68.6	71.0	73.7	76.8	80.2	82.6	84.0	84.8	85.1	85.1
41	61.1	63.6	66.2	68.7	71.1	73.8	77.0	80.4	82.7	84.0	84.8	85.1	85.1
42	61.2	63.7	66.3	68.7	71.1	74.0	77.1	80.5	82.7	84.0	84.8	85.1	85.1
43	61.3	63.7	66.3	68.8	71.3	74.0	77.2	80.6	82.8	84.0	84.8	85.0	85.0
44	61.4	63.8	66.4	68.9	71.4	74.2	77.3	80.7	82.8	84.1	84.7	85.1	85.1
45	61.4	63.8	66.5	69.0	71.5	74.4	77.7	80.8	83.0	84.4	84.9	85.0	85.1
46	61.7	63.9	66.5	68.9	71.5	74.3	77.7	80.8	83.0	84.1	84.8	84.9	84.8
47	61.4	64.2	66.7	69.2	71.6	74.4	77.6	81.0	83.1	84.2	84.7	85.0	85.0
48	61.6	63.9	66.8	69.1	71.7	74.5	77.8	81.1	83.1	84.2	84.9	85.0	85.0
49	61.5	64.3	66.7	69.4	71.7	74.6	77.8	81.1	83.0	84.2	84.9	85.1	85.1
50	61.6	64.0	66.7	69.2	71.8	74.7	77.9	81.2	83.1	84.2	84.9	85.1	85.0
51	61.7	64.2	66.8	69.3	71.7	74.9	78.0	81.2	83.1	84.2	84.9	85.0	85.1
52	60.9	64.2	66.8	69.3	71.8	74.6	78.2	81.2	83.1	84.1	84.9	84.9	85.0
53	61.2	64.2	66.8	69.3	71.8	74.9	77.9	81.3	83.2	84.2	84.9	85.0	84.9
54	61.7	64.3	66.9	69.4	71.9	74.9	78.3	81.3	83.4	84.3	85.0	85.0	85.0
55	61.8	64.4	66.9	69.5	71.9	74.9	78.2	81.5	83.3	84.4	84.9	85.0	85.0
56	61.8	64.4	67.1	69.4	71.9	74.9	78.2	81.4	83.3	84.3	85.0	85.0	85.0
57	62.0	64.5	67.1	69.5	72.0	74.9	78.2	81.4	83.3	84.3	85.0	85.1	85.0
58	62.0	64.7	67.2	69.7	72.1	75.0	78.3	81.4	83.3	84.3	85.1	85.1	85.0
59	62.1	64.8	67.3	69.8	72.2	75.2	78.4	81.5	83.4	84.4	85.0	85.2	85.1
60	62.1	64.7	67.4	69.8	72.3	75.2	78.5	81.6	83.4	84.5	85.1	85.2	85.1